

ANANGU

Her resilience shapes generations

An exclusive women camp

APR 03 - 05, 2026

**Maivarai Environmental Retreat Center
Kodaikanal**

+91-9597557794

*Meaningful conversations | Story-sharing circles
Recognition & appreciation spaces | Activities for self-expression
Joyful games | Connection, and confidence-building*



She nurtures, she leads, she transforms

🌿 ✨ Women's Exclusive Camp at Maivarai ✨ 🌿

ANANGU 2026

A special **3-day women's camp** is happening amidst the serene beauty of the **Western Ghats** at *Maivarai Eco-Center*

📅 **April 3 - 5**

🌸 **Why a Women's Camp?**

In the past century, one of the most significant transformations in our society has been in the lives of women.

Change *for women and by women* has the power to create deep and lasting social impact.

Creating a space where women from diverse backgrounds come together to

🤝 connect

💬 share

🌱 reflect

is deeply meaningful and necessary today.






Special Guests?

💎 *Every participant is a special guest here.*






Each woman brings her own life experiences, stories, and wisdom — making this a space of collective learning and inspiration.

💛 This is **your space** 🌸 A space for **everyone**


Who Can Join?

-  Women navigating family, social, and economic responsibilities
 -  Those seeking rest, reflection, and renewal
 -  Those who believe in the power of conversations
 -  Those who wish to express, share, and be heard
 -  Those who see themselves as a force for social change
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Camp Activities



-  Energizing group games
 -  Yoga for inner peace
 -  Nature walks in a serene environment
 -  Sharing circles for self-expression
 -  Learning through stories, experiences & reflections
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More Information

 Registrations & Details:

<https://maivarai.com/events/anangu/>

 Contact: 9597557794

 *Step away from the noise. Step into yourself.* 

 Join us for a transformative journey at **ANANGU 2026** 

🌿 ✨ ANANGU 2026 – 3 Day Camp Schedule ✨ 🌿

📍 *Maivarai Eco-Center / Western Ghats*

📅 *April 3 – 5, 2026*

🌸 **Day 1 – April 3**

- 🕒 11:00 – 11:15 | Welcome & Refreshments ☕
 - 🕒 11:15 – 11:30 | Camp Introduction & Maivarai Overview 🌿
 - 🕒 11:30 – 13:00 | Ice-breaking & Bonding Activities 🤝
 - 🕒 13:00 – 14:00 | Lunch 🍴
 - 🕒 14:00 – 15:00 | Self Introduction Circle 🗣️
 - 🕒 15:00 – 16:00 | Group Games 🎯
 - 🕒 16:00 – 16:30 | Tea Break ☕
 - 🗨️ 16:30 – 18:00 | *“Feminism in Contemporary Times”*
 - 🌱 18:00 – 20:00 | *Life & Well-being* (Physical & Mental Health)
 - 🍲 20:00 – 21:00 | Dinner 🍽️
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🌸 **Day 2 – April 4**

- 🌅 06:15 | Wake Up
- 🧘 06:30 – 07:00 | Yoga / Meditation
- 🌸 07:00 – 08:00 | Freshen Up
- 🍳 08:00 – 09:00 | Breakfast
- 🌄 09:00 – 11:00 | Nature Walk

- ☕ 11:00 – 11:30 | Tea Break
 - 🎨 11:30 – 13:00 | Self Expression
 - 🍽️ 13:00 – 14:00 | Lunch
 - 👏 14:00 – 16:00 | Group Activities
 - ☕ 16:00 – 16:30 | Tea Break
 - 🗣️ 16:30 – 18:00 | Self Expression
 - 🔥 18:00 – 20:00 | Campfire Gathering
 - 🍽️ 20:00 – 21:00 | Dinner
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🌸 **Day 3 – April 5**

- 🌅 06:15 | Wake Up
 - 🧘 06:30 – 07:00 | Yoga / Meditation
 - 🌸 07:00 – 08:00 | Freshen Up
 - 🔍 08:00 – 09:00 | Breakfast
 - 💬 09:00 – 11:00 | *“Feminism in Indigenous Communities”*
 - ☕ 11:00 – 11:30 | Tea Break
 - 🌿 11:30 – 13:00 | Reflection & Acknowledgement Circle
 - 🍽️ 13:00 – 14:00 | Lunch
 - 📷 14:00 – 15:00 | Group Photos & Closing Ceremony
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💛 *Three days to pause, connect, reflect, and rediscover yourself.*

🌿 *ANANGU 2026 awaits you... ✨*